



# Summer Workshop Creative RESILIENCE

for Children Ages 4 to 11  
June 19 through June 30

9 AM to 12 Noon  
(early drop-off & later pick-up options available)

1712 Sunset Blvd, 77005  
\$650

Parent Workshops 9 to 10:30 AM  
Wednesday of each week  
\$60/week

Our natural love of storytelling is the foundation for  
**self-discovery, self-confidence, and  
SELF-REGULATION.**

In developmentally appropriate groups, small enough for individual attention, our goals include:

- 1) Helping your child find and protect her/his strengths which often lie outside current testing measures in standard school subjects;
- 2) Helping your child manage big feelings rather than bury or express inappropriately;
- 3) Helping your child preserve kindness and acceptance in an often binary social order--those deemed acceptable and those who are not;
- 4) Helping your child learn basics of healthy communication and healthy boundaries necessary for rewarding relationships.

Storytelling, creative movement, acting, mindfulness meditation, play, drawing, painting, singing, games, puzzling, and bookmaking will be our tools.

**Our goal: to help children protect themselves in a world that favors perfectionism and competition.**

Additionally, 90-minute, weekly parent workshops are available.



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"Often we reward children at the start of their intellectual lives for suspending their social and emotional--as well as their thinking--selves . . . Too often we reward them for parroting back material far in advance of their ability to comprehend it, or far worse, material they have absolutely no interest in."

-- Patsy Cooper, *When Stories Come to School*



**PSYNERGY**  
Psychological Associates

We have a dual focus, in combining:  
30+ years of experience as psychotherapists for adults, couples, children, and families, with  
30+ years as artists, writers, and parents.



**Please Register online or by phone:**

**[www.psynergypsych.com](http://www.psynergypsych.com)  
713-724-7050**